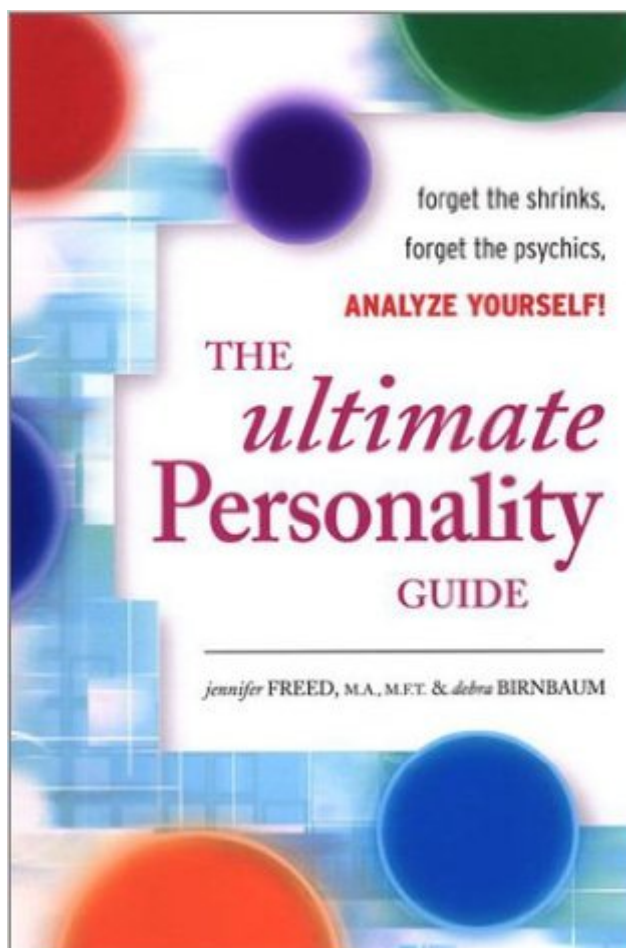


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# The Ultimate Personality Guide



## Synopsis

An interactive guidebook that identifies who you are through more than seven major personality predictive tools and provides specific career, relationship, and health advice tailored for your individual type. Many books can tell you what your sun sign, your birth order, and even your favorite color indicate about your personality and your future. But these books only address one system of typology at a time. The Ultimate Personality Guide combines all the major interpretive tools-Western astrology, Chinese astrology, the enneagram, ayurvedic typology, the Meyers-Briggs personality test, numerology, birth order, color typing, and more-into a single comprehensive, interactive guide. Enabling you to compile a complete portrait of your personality, this book offers specific advice on using that self-knowledge to better your life. Each chapter provides entertaining quizzes and detailed descriptions of your type's characteristics in six areas-romance and intimacy; friendship; health, diet, and fitness; work; finance; and personal style-plus your strengths and weaknesses, self-improvement goals to set, famous people of each type, and a worksheet to determine how you match up with others in your life.

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (11 customer reviews)

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## Customer Reviews

This book is a great asset in our search for ourselves and potential partners. I strongly believe the authority in this book. How am I perceived? Is my mate my true soul mate? Is my soul mate out there? Who am I ? This very helpful guide lets you accumulate a complete visual rendering of yourself . This guide offers countless ways to better yourself and your life!!! I highly recommend this to all!

The Ultimately Personality Guide is clever beacon in our search for ourselves and potential partners. I am clearly a skeptic of several if not all of the disciplines described in this book, but when looking at the totality of their expertise, I find myself a true believer. Who am I? How am I perceived? Is my mate my soulmate? The answers gleaned from this comprehensive compendium of spiritual guidance were right on! I have recommended the UPG to many of my friends and they are also willing to throw their skepticism aside and take a dive into the deepest well in our universe, ourselves. Well done!!

Congratulations to the authors of TUPG for writing such a fun, thought provoking and exciting book. I really enjoyed reading it and ended up learning a great deal about myself as I read. I was completely impressed with their level of expertise and their ability to convey a great deal of information in one book. They really got me to understand an enormous amount about myself; about my feelings, my choices, and what I can do to make improvements in my life. I'll look forward to more books from these wonderful writers!

You will enjoy this book immensely. It gives great information in an easy to read format, and really has an upbeat approach. My friends and I organized an ULTIMATE PERSONALITY party where everyone used the book to see their types and it was such a great way to get to know everyone better. This book should be a bestseller.

I'm a "know it all" and have dabbled in many of the systems covered in this book, so I wasn't expecting much. Boy was I surprised! Not only is it reader friendly with worksheets and quizzes but the author clearly knows her stuff and is able to describe each orientation clearly and succinctly. I found this very helpful in developing insight (and compassion) into myself and friends and family. Most helpful!

How lucky was I to get my hands on this book! I get very frustrated with my relationship with my girlfriend, parents, etc. and I found the knowledge in this book to be profoundly helpful in understanding my relationships. A really, really interesting and useful read.

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